News Release

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**Daily Living Centers Celebrates 45 Years**

OKLAHOMA CITY, Okla. Oct. date, 2019 – Daily Living Centers of Oklahoma will celebrate 45 years of service to caregivers of elderly and disabled members of our community on Tuesday, October 22nd from 11:30-1:00 p.m.

With four locations, Daily Living Centers stands apart as an affordable non-residential facility that supports the health, nutritional and social needs of adults in a professionally staffed group setting. DLC is an alternative to long-term care solutions such as an assisted living center or nursing home.

“I’m passionate about helping caregivers in our community,” said Daily Living Centers Board Chairperson, Ellyn Hefner. “They provide a service that goes unseen, and having a place where caregivers can take their loved ones while they go to work or run errands is vital.”

The Anniversary Celebration will be held at Daily Living Centers Rockwell location at 3000 N Rockwell Ave., Bethany, OK 73003. The event is free to attend, but guests are asked to RSVP by October 18.

Founded in 1974 as a therapeutic day care center for impaired, homebound and elderly people, DLC is the oldest and largest adult day health care organization in Oklahoma. Because of DLC, caregivers can hold jobs, safeguard their own mental health and maintain a sense of normalcy in their own lives knowing their loved ones are well-cared for at DLC.

Daily Living Centers of Oklahoma is an adult day health non-profit organization offering affordable non-residential facilities that support the health, nutritional and social needs of disabled or elderly Oklahomans in a professionally staffed group setting. For more information please visit, [www.dailylivingcenters.org](http://www.dailylivingcenters.org/).

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