

Carolyn Lee Enrichment Coordinator | (405) 688-5388 | This institution is an equal opportunity provider.

Monday	Tuedays	Wednesday	Thursday	Friday
				9:00 Coffee/Convo 9:30 Music/Catherine 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time
9:00 Coffee/Convo 9:30 Hookey 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Golf 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Board Games 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Ladder Game 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Basket Ball 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Puzzles 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Magazine Bingo 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time
9:00 Coffee/Convo 9:30 Corn Hole 10:30 Exercise 11:30 Lunch 12:30 News /Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Bella Therapy Dogs 10:30 Exercise 11:30 Lunch 12:30 News /Socializing 1:00 Volly Ball 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Horse Shoes 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Praise with Pete 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Tic Tac Toe 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time
9:00 Coffee/Convo 9:30 Ring Toss 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Bowling 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Puzzles 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Basket Ball 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Hookey 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Praise with Pete 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Bowling 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Magazine Bingo 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time
9:00 Coffee/Convo 9:30 Golf 10:30 Exercise 11:30 Lunch 12:30 News /Socializing 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Washer Game 10:30 Exercise 11:30 Lunch 12:30 News/Socializig 1:00 Crafts 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	9:00 Coffee/Convo 9:30 Air Darts 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Art 2:00 Snacks / Music 2:30 Game Show 3:30 Free Time	Closed  Happy Thanksgiving	Closed

Special Events	Birthdays	Outings	Participant of the Month
11th Veterans Day 15th Thanksgiving Luncheon 18th Feral Cats Music 26th Seniors @ Denny's 27th Pajama Day	11th Christopher 16th James 25th Jillian	5th Almonte Library 7th Martin Nature Park 12th Myriad Gardens 13th Down Town Library 19th Mcdonalds 21st Thrift Store	This month Jillian and Lorna are sharing the spotlight. They both are such wonderful ladies. They share a quick wit and keep and keep us laughing.

