

Monday	Tuesday	Wednesday	Thursday	Friday
FOOTBALL SEASON IS HERE. WEAR YOUR FAVORITE TEAM JERSEYS ON FRIDAYS!	9:00 Golden Walkers 9:30 Senior Exercise 1 10:30 Art Council Class 11:30 Lunch  12:30 News/Socializing 1:00 Cooking with Pat 2:00 Snacks/Music 2:30 Elvis Trivia 3:30 Current Events	9:00 Golden Walkers 2 9:30 Drum Fit 10:30 Reading Group 11:30 Lunch 12:30 News/Socializing 1:00 Music w/ Rick 2:00 Snacks/Music 2:30 Name that Tune 3:00 Current Events	9:00 Golden Walkers 3 9:30 Tai -Chi 10:30 Crafts  11:30 Lunch 12:30 News/Socializing 1:00 Movie 2:00 Snacks/Music 2:30 Kenny Rogers Trivia 3:00 Current Events	9:00 Golden Walkers 4 9:30 Chair Yoga 10:30 Bowling / Bunko 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karoke Party 3:00 Current Events
	9:00 Golden Walkers 7 9:30 Drum Fit 10:30 Hot Pumkin game / Bunko 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	9:00 Golden Walkers 8 9:30 Morning Stretches 10:30 Basketball Throw 11:30 Lunch  12:30 News/Socializing 1:00 Outreach Choir 2:00 Snacks / Music 2:30 Triva/ Scruples 3:30 Current Events	9:00 Golden Walkers 9 9:30 Music Fit Class 10:30 Bunko/Color Therapy 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Kenny Rodgers Concert 3:30 Current Events	9:00 Golden Walkers 10 9:30 Tai- Chi  10:30 Bella Foundation 11:30 Lunch 12:30 News/Socializing 1:00 Hangman 2:00 Snacks/Music 2:30 Sunshine Therapy 3:30 Current Events
9:00 Golden Walkers 14 9:30 Senior Exercise 10:30 Gospel Singalong 11:30 Lunch  12:30 News/Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 I Spy game 3:30 Current Events	9:00 Golden Walkers 15 9:30 Art Council Class 10:30 Golf Game 11:30 Lunch 12:30 News/Socializing 1:00 Outreach Choir 2:00 Snacks/Music 2:30 Triva 3:30 Current Events	9:00 Golden Walkers 16 9:30 Music Fit Class 10:30 Cooking Class w/ Michelle 11:30 Thanksgiving Luncheon 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Bunko 3:30 Current Events	9:00 Golden Walkers 17 9:30 Tai- Chi  10:30 Turkey Trot 11:30 Lunch 12:30 News/Socializing 1:00 Popcorn Party 2:00 Snacks/Music 2:30 Fun With Karaoke 3:30 Current Events	9:00 Golden Walkers 18 9:30 Chair Yoga 10:30 Bedlam party  11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events
9:00 Golden Walkers 21 9:30 Exercise 10:30 Thankful feathers 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Triva / Scruples 3:30 Current Events	9:00 Golden Walkers 22 9:30 Morning Stretches 10:30 Crafts 11:30 Lunch  12:30 News / Socializing 1:00 Talent Show 2:00 Snacks/Music 2:30 Sunshine Terapy 3:30 Current Events	9:00 Golden Walkers 23 9:30 Music Fit Class 10:30 Bunko/Golf 11:30 Lunch  12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	24 	25 
9:00 Golden Walkers 28 9:30 Chair exercises 10:30 Color Therapy 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Music / Snacks 2:30 Balloon Volleyball 3:30 Current Events	9:00 Golden Walkers 29 9:30 Drum Fit Class 10:30 Golf Game 11:30 Lunch 12:30 News/Socializing 1:00 Music w/ Margo 2:00 Snacks/Music 2:30 Triva 3:30 Current Events	9:00 Golden Walkers 30 9:30 Music Fit Class 10:30 Gospel Singalong 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Bunko 3:30 Current Events		
Special Events Tai-chi Every Thursdays 11/10 Bella Foundations 11/16 Thanksgiving Luncheon 11/18 Bedlam Party	Birthdays November Birthdays Celebrating 	Outings 11/1 Citizens caring for Children 11/8 Clydes Dale Farm 11/11 Veterans Parade 11/14 Art Museum 11/15 Skyline Ministries 11/22 TDB 11/29 TDB	Participant of the Month Aaron loves DLC, he is a Shine Volunteer and all always eager to help out when needed. Aaron is everyone's best friend and a fun loving guy.	