

Erin Riley | Enrichment Coordinator | 405.620.1923 | This institution is an equal opportunity provider.

Monday		Tuedays		Wednesday		Thursday		Friday	
9:00 News / Socializing	1	9:00 News / Socializing	2	9:00 News / Socializing	3	CLOSED IN OBSERVANCE OF FOURTH OF JULY!	9:00 News / Socializing	5	
9:30 Noodle Ball		9:30 Garden Check Up		9:30 Pop It Fireworks			9:30 Triva Facts		
10:30 Drum Fit		10:30 Boxing & Deep Thoughts		10:30 Yoga & Today's History			10:30 Seated Zumba		
11:30 Lunch		11:30 Lunch		11:30 Lunch			11:30 Lunch		
12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time			12:30 Music/Socializing/Tech Time		
1:00 Bingo		1:00 Black Jack		1:00 Devotional			1:00 Popcorn Party		
2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music			2:00 Snacks / Music		
3:00 Color Whats On Your Mind		3:00 Cross-Words		3:00 Small Group Games		3:00 Clean Up			
4:00 Mindfulness- Puzzles		4:00 You-Choose Activities		4:00 Wind Down Coloring		4:00 Feel Good Friday- Games!			
9:00 News / Socializing	8	9:00 News / Socializing	9	9:00 News / Socializing	10	9:00 News / Socializing	11	9:00 News / Socializing	12
9:30 Basketball Practice		9:30 Table Games		9:30 Fancy Nails		9:30 Head Bands		9:30 Bingo	
10:30 Deep Breathing		10:30 Drum Fit		10:30 Boxing & Deep Thoughts		10:30 Yoga & Today's History		10:30 Seated Zumba	
11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch	
12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time	
1:00 Bingo		1:00 Karoke		1:00 Devotional		1:00 Country Line Dancers		1:00 Popcorn Party	
2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music	
3:00 Board Games		3:00 Small Groups		3:00 Small Group Games		3:00 Group Puzzles		3:00 Clean Up	
4:00 Mindfulness- Puzzles		4:00 You-Choose Activities		4:00 Wind Down Coloring		4:00 You-Choose Activities		4:00 Feel Good Friday- Games!	
9:00 News / Socializing	15	9:00 News / Socializing	16	9:00 News / Socializing	17	9:00 News / Socializing	18	9:00 News / Socializing	19
9:30 Basket Pong		9:30 Garden Check Up		9:30 Craft Project		9:30 Magnetic Puzzles		9:30 Headbands	
10:30 Deep Breathing		10:30 Yoga & Today's History		10:00 Church Guests		10:30 Seated Zumba		10:30 Drum Fit	
11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch	
12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time	
1:00 Bingo		1:00 Cathrine Fuller		1:00 Affinity Health Fair		1:00 Bingo		1:00 Popcorn Party	
2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music	
3:00 Color Whats On Your Mind		3:00 Cross-Words		3:00 Small Group Games		3:00 Group Puzzles		3:00 Clean Up	
4:00 Mindfulness- Puzzles		4:00 You-Choose Activities		4:00 Wind Down Coloring		4:00 You-Choose Activities		4:00 Feel Good Friday- Games!	
9:00 News / Socializing	22	9:00 News / Socializing	23	9:00 News / Socializing	24	9:00 News / Socializing	25	9:00 News / Socializing	26
9:30 Cornhole		9:30 Table Games		9:30 Fancy Nails		9:30 Hangman		9:30 Black Jack	
10:30 Boxing & Deep Thoughts		10:30 Yoga & Today's History		10:00 Cooking Class w DLC south		10:30 Deep Breathing		10:30 Drum Fit	
11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch		11:30 Lunch	
12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time	
1:00 Bingo		1:00 Karoke		1:00 Devotional		1:00 Bingo		1:00 Popcorn Party	
2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music	
3:00 Board Games		3:00 Small Groups		3:00 Small Group Games		3:00 Group Puzzles		3:00 Clean Up	
4:00 Mindfulness- Puzzles		4:00 You-Choose Activities		4:00 Wind Down Coloring		4:00 You-Choose Activities		4:00 Feel Good Friday- Games!	
9:00 News / Socializing	29	9:00 News / Socializing	30	9:00 News / Socializing	31				
9:30 Tripple Toss		9:30 Garden Check Up		9:30 Craft Project					
10:30 Yoga & Today's History		10:30 Seated Zumba		10:30 Deep Breathing					
11:30 Lunch		11:30 Lunch		11:30 Lunch					
12:30 Music/Socializing/Tech Time		12:30 Book Club & Tech Time		12:30 Music/Socializing/Tech Time					
1:00 Bingo		1:00 Board Games		1:00 Devotional					
2:00 Snacks / Music		2:00 Snacks / Music		2:00 Snacks / Music					
3:00 Color Whats On Your Mind		3:00 Cross-Words		3:00 Small Group Games					
4:00 Mindfulness- Puzzles		4:00 You-Choose Activities		4:00 Wind Down Coloring					
Special Events		Birthdays		Outings		Participant of the Month			
2-Jul Bella Foundation		3-Jul Delmar B.		5-Jul Moore Splash Pad		 <p>Yusuf is new to DLC! He likes joining in crafts, cooking classes, and listening to music!</p>			
3-Jul Pop It Fireworks			11-Jul First Americas Museum						
8-Jul Freezer Pop Day			15-Jul Frontier City						
11-Jul Country Line Dancers			25-Jul Bahama Bucks Snow Cone						
16-Jul Cathrine Fuller Music			31-Jul Icon Cinema						
17-Jul Affinity Hospice Health Fair									