DAILY LIVING CENTERS
ADULT DAY SERVICES

South Center Activities Calendar| August 2022

Carolyn Lee Enrichment Coordinator| (405) 688-5388 | This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Coffee and Convo 9:30 Golf/Washer Game 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Adult Coloring 2:00 Snacks 2:30 Game Show/ Board Games 3:30 Free Tim/Limo Service	**2** 9:00 Coffee and Convo 9:30 Ring Toss/Trivia 10:30 Exercise/Yoga 11:30 Lunch 12:30 News/Socializing 1:00 Crafts 2:00 Snacks 2:30 Game Show/Name That Tune 3:30 Free Time/Limo Service	**3** 9:00 Coffee and Convo 9:30 Corn Hole/Cards 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Water Melon Eating Contest 2:00 Snacks 2:30 Game Show/Hang Man 3:30 Free Time/LimoService	**4** 9:00 Coffee and Convo 9:30 Bean Bags 10:30 Exercise/Yoga 11:30 Lunch 12:30 News / Socializing 1:00 Praise With Pete 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	**5** 9:00 Coffee and Convo 9:30 Music/Catherine 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks 2:30 Game Show/Puzzles 3:30 Free Time/Limo Service
8 9:00 Coffee and Convo 9:30 Bean Bags/Music 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Drum Fit 2:00 Snacks 2:30 Game Show/ Board Games	**9** 9:00 Coffee and Convo 9:30 Hookey/Puzzles 10:30 Exercise/Yoga 11:30 Lunch 12:30 News / Socializing 1:00 Crafts/Painting 2:00 Snacks 2:30 Game Show/Name That Tune 3:30 Free Time/Limo Service	**10** 9:00 Coffee and Convo 9:30 Golf/Word Game 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts/Hangman 2:00 Snacks 2:30 Game Show/Hang Man 3:30 Free Time/LimoService	**11** 9:00 Coffee and Convo 9:30 Ring Toss/Trivia 10:30 Exercise/Yoga 11:30 Lunch 12:30 News / Socializing 1:00 Praise With Pete 2:00 Snacks 2:30 Game Show/Trivia 3:30 Free Time/Limo Service	**12** 9:00 Coffee and Convo 9:30 Ladder Game 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 United Way Rally 2:00 Snacks 2:30 Game Show/Music 3:30 Free Time/Limo Service
15 9:00 Coffee and Convo 9:30 Corn Hole/Dominos 10:30 Exercise 11:30 Lunch 12:30 News /Socializing 1:00 Crafts/Trivia 2:00 Snacks 2:30 Game Show/ Board Games 3:30 Free Tim/Limo Service	**16** 9:00 Coffee and Convo 9:30 Music/Therapy Dogs 10:30 Exercise/Yoga 11:30 Lunch 12:30 News /Socializing 1:00 Art 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	**17** 9:00 Coffee and Convo 9:30 Ladder Game/Trivia 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Crafts/Board Games 2:00 Snacks 2:30 Game Show 3:30 Free Time/LimoService	**18** 9:00 Coffee and Convo 9:30 Golf/Current Events 10:30 Exercise/Yoga 11:30 Lunch 12:30 News / Socializing 1:00 Praise With Pete 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	**19** 9:00 Coffee and Convo 9:30 Horse Shoes/Music 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service
22 9:00 Coffee and Convo 9:30 Beach Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Lei Making 2:00 Snacks 2:30 Game Show 3:30 Free Tim/Limo Service	**23** 9:00 Coffee and Convo 9:30 Coconut Bowling 10:30 Exercise/Yoga 11:30 Lunch 12:30 News / Socializing 1:00 Cool Off on the Patio 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	**24** 9:00 Coffee and Convo 9:30 Beach Gear Relay 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Tea and Sand Art 2:00 Snacks 2:30 Game Show 3:30 Free Time/LimoService	**25** 9:00 Coffee and Convo 9:30 Volly Ball 10:30 Exercise/Yoga 11:30 Lunch 12:30 News / Socializing 1:00 Praise With Pete 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	**26** 9:00 Coffee and Convo 9:30 Water Balloons 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 Patio Pool Party 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service
29 9:00 Coffee and Convo 9:30 Popsicle Making 10:30 Exercise 11:30 Lunch 12:30 News /Socializing 1:00 Crafts/Horse Shoes 2:00 Snacks 2:30 Game Show 3:30 Free Tim/Limo Service	**30** 9:00 Coffee and Convo 9:30 Bean Bags/Trivia 10:30 Exercise/Yoga 11:30 Lunch 12:30 News/Socializing 1:00 Drum Fit 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	**31** 9:00 Coffee and Convo 9:30 Ring Toss/Cards 10:30 Exercise 11:30 Lunch 12:30 News / Socializing 1:00 DLC Auction 2:00 Snacks 2:30 Game Show 3:30 Free Time/LimoService		

Special Events

3rd	Watermelon Day
9th	Read a Book Day
12th	United Way Rally
15th	Left Handers Day
22nd-26	Beach Week
29th	Kool-Aid Day

Birthdays

2nd	Jose
28th	Chelle
29th	Ashley

Outings

2nd	Braum's
4th	Braum's
9th	Library
11th	Library
16th	Water Park
18th	Water Park
30th	Wendy's

Participant of the Month

Matthew is always eager and willing to help wherever and whoever he can He has always had a positive attitude about helping others He has been a part of our DLC family for 7 years