



South Center Activity Calendar | November 2023

Carolyn Lee Enrichment Coordinator | (405) 688-5388 | This institution is an equal opportunity provider.

Monday		Tuesday		Wednesday		Thursday		Friday	
				9:00 Coffee/Convo 9:30 Air Darts 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	1	9:00 Coffee and Convo 9:30 Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Puzzles 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	2	9:00 Coffee and Convo 9:30 Music/Catherine 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Parachute 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	3
9:00 Coffee and Convo 9:30 Corn Hole 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	6	9:00 Coffee and Convo 9:30 Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Puzzles 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo	7	9:00 Coffee/Convo 9:30 Hookey 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Yoga/Music 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	8	9:00 Coffee and Convo 9:30 Bowling 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Praise with Pete 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	9	9:00 Coffee and Convo 9:30 Golf 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Magazine Bingo 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	10
9:00 Coffee and Convo 9:30 Ring Toss 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	13	9:00 Coffee and Convo 9:30 Bella Therapy Dogs 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Yoga 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo	14	9:00 Coffee/Convo 9:30 Ladder Game 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Drum Fit 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	15	9:00 Coffee and Convo 9:30 Air darts 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	16	9:00 Coffee and Convo 9:30 Corn Hole 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	17
9:00 Coffee and Convo 9:30 Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts/Bord Games 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	20	9:00 Coffee and Convo 9:30 Golf 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Art 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo	21	9:00 Coffee/Convo 9:30 Bowling 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Yoga 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	22	Closed Happy Thanksgiving		23	
9:00 Coffee and Convo 9:30 Horse Shoes 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Crafts/Music 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	27	9:00 Coffee and Convo 9:30 Twista Bean Bags 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Puzzles/Music 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo	28	9:00 Coffee/Convo 9:30 Ladder Game 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Volly Ball 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service	29	9:00 Coffee and Convo 9:30 Ring Toss 10:30 Exercise 11:30 Lunch 12:30 News/Socializing 1:00 Praise with Pete 2:00 Snacks 2:30 Game Show 3:30 Free Time/Limo Service		30	
Special Events		Birthdays		Outings		Participant of the Month			
3rd Music with Catherine 14th Bella Pet Therapy 22nd Thanksgiving Party 27th Blanket Drive 3-24th Hot Chocolate Bar Friday's	11th Christopher 25th Jililan	2nd Martin Park Nature Walk 7th Emerald Care 10th VFW Decorating 14th VA Kindness Rocks 16th South Park East	Normareen Loves to make the new participants feel welcome. She is so kind to everyone she meets and will help where ever she can.						

