DAILY LIVING
C E N T E R S
ADULT DAY SERVICES

Edmond Center Activities Calendar | march 2023 Ashley Browning | Enrichment Coordinator | 405-471-6867 | This institution is an equal opportunity provider.

Mondoy			Thursday	
Monday	Tuesday	Wednesday	Thursday	Friday
67A 6500		9:00 News / Socializing	9:00 News / Socializing 9:30 gold fish/corn hole	9:00 fan fridays
		9:30 operation/bowling		5.50 Commote & One
		10:30 chair exercise	10:30 You-Choose Activities	10:30 Drum Fit & Sports Recap
		. 11:30 Lunch 12:30 Music/Socializing/Tech Time	11:30 Lunch 12:30 music/socializing	11:30 Lunch 12:30 Music/Socializing/Tech Time
		1:00 Devotional	1:00 bing/ cooking class	_
		2:30 snack/ music	2:30 Snacks / Music	1:00 Popcorn Party 2:30 Snacks / Music
		3:00 free coloring	3:00 Group Puzzles	3:00 Group Puzzles
		4:00 your choice	4:00 You-Choose Activities	4:00 Feel Good Friday- Games!
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9:00 News/Socializing 9:30 Basketball & Hangman	9:00 News/Socializing 9:30 you-Choose	9:00 News / Socializing 9:30 Volleyball & Sorry	9:00 News / Socializing 9:30 Bowling & Uno	9:00 fan fridays 9:30 Cornhole &Trouble
10:30 Zumba & The Week Ahead	10:30 Yoga & Today's History	9:30 Volleyball & Sorry 10:30 Zumba & Wacky Facts	10:30 Boxing & Deep Thoughts	10:30 Drum Fit & Sports Recap
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30 Music/Socializing/Tech Time	12:30 Book Club & Tech Time	12:30 Music/Socializing/Tech Time		12:30 Music/Socializing/Tech Time
1:00 Bingo	1:00 painting with Kem	1:00 Devotional	1:00 Bingo	1:00 Popcorn Party
2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music
3:00 Group Puzzles	3:00 Group Puzzles	3:00 Group Puzzles	3:00 Group Puzzles	3:00 Group Puzzles
4:00 Mindfulness- Puzzles	4:00 You-Choose Activities	4:00 Wind Down Coloring	4:00 You-Choose Activities	4:00 Feel Good Friday- Games!
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9:00 News/Socializing 9:30 Basketball & Hangman	9:00 News/Socializing 9:30 Mini Golf & Trivia	9:00 News / Socializing 9:30 Nerf Guns & Go Fish	9:00 News / Socializing 9:30 Bowling & Uno	9:30 wear green 9:30 play dough
10:30 Zumba & The Week Ahead	10:30 Yoga & Today's History	10:30 Zumba & Wacky Facts	10:30 Boxing & Deep Thoughts	10:30 Drum Fit & Sports Recap
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30 Music/Socializing/Tech Time	12:30 Book Club & Tech Time	12:30 Music/Socializing/Tech Time	12:30 Book Club & cooking class	12:30 Music/Socializing/Tech Time
1:00 Bingo	1:00 music with Katherine	1:00 Devotional	1:00 Bingo	1:00 Popcorn Party
2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music
3:00 Large Tree Painting	3:00 Large Tree Painting	3:00 Large Tree Painting	3:00 Large Tree Painting	3:00 Large Tree Painting
4:00 Mindfulness- Puzzles	4:00 You-Choose Activities	4:00 Wind Down Coloring	4:00 You-Choose Activities	4:00 Feel Good Friday- Games!
9:00 News/Socializing 9:30 Volleyball & Hangman	9:00 News/Socializing 9:30 uno/ free draw	9:00 News / Socializing 9:30 Volleyball & Sorry	9:00 News / Socializing 9:30 coloring pages	9:00 fan fridays 9:30 Board Games
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10:30 Zumba & The Week Ahead 11:30 Lunch	10:30 Yoga & Today's History 11:30 Lunch	10:30 Zumba & Wacky Facts 11:30 Lunch	10:30 yoga 11:30 Lunch	10:30 your choice fit 11:30 Lunch
12:30 Music/Socializing/Tech Time	12:30 Book Club & Tech Time	12:30 Music/Socializing/Tech Time		12:30 Music/Socializing/Tech Time
1:00 Bingo	1:00 charm painting	1:00 Devotional	1:00 bingo	1:00 Popcorn Party
2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music
3:00 Board Games	3:00 Board Games	3:00 Group Puzzles	3:00 Board Games	3:00 Board Games
4:00 Mindfulness- Puzzles	4:00 You-Choose Activities	4:00 Wind Down Coloring	4:00 You-Choose Activities	4:00 Feel Good Friday- Games!
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9:00 News/Socializing 9:30 hangman	9:00 News/Socializing 9:30 you-Choose 28	9:00 News / Socializing 9:30 Devotional 22	9:00 News / Socializing 9:30 coloring pages 23	9:00 fan fridays 9:30 Board Games 24
10:30 dance party	10:30 Yoga & Today's History	10:30 Zumba & Wacky Facts	10:30 yoga	10:30 your choice fit
11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch	11:30 Lunch
12:30 book club	12:30 Book Club & Tech Time	12:30 Music/Socializing/Tech Time	12:30 music/socializing	12:30 Music/Socializing/Tech Time
1:00 bingo	1:00 bunny puppets	1:00 decoration	1:00 bingo	1:00 Popcorn Party
2:30 Snacks/Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music	2:30 Snacks / Music
3:00 Spring Cleaning	3:00 Group Puzzles	3:00 Board Games	3:00 Board Games	3:00 Board Games
4:00 You-Choose Activities	4:00 You-Choose Activities	4:00 Wind Down Coloring	4:00 You-Choose Activities	4:00 Feel Good Friday- Games!
Special Events	Birthdays & Outings	Outings Cont.	Participant of the Month	
	3-Mar Eryn	1-Mar scavenger hunt	Eryn!!!	
Bella	21-Mar Steve	15-Mar nature walk	Miss Eryn is always smiling and amazingly	
circus	21-Mar Alex	march 24 circus	sweet! She enjoys helping out her	
scanvenger hung		29-Mar pick up the park	community and loves playing sporty games	
Catherine Fuller			at the center. Eryn thank you for being a	
			rock star you really shine!	