



Edmond Center Activities Calendar | November 2022

Ashley Browning | Enrichment Coordinator | 405-471-6867 | This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
	9:00 News/Socializing 9:30 Bella Foundation 10:30 chair exercise 11:30 Lunch 12:30 music/socializing 1:00 crafts 2:30 Snacks / Music 3:00 puzzles 4:00 cards	9:00 News / Socializing 9:30 social circle 10:30 chair exercise 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Devotional 2:30 snack/ music 3:00 free coloring 4:00 your choice	9:00 News / Socializing 9:30 gold fish/corn hole 10:30 You-Choose Activities 11:30 Lunch 12:30 music/socializing 1:00 bing/ cooking class 2:30 Snacks / Music 3:00 Group Puzzles 4:00 You-Choose Activities	9:00 fan fridays 9:30 social circle/garden 10:30 Drum Fit & Sports Recap 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Popcorn Party 2:30 Snacks / Music 3:00 Group Puzzles 4:00 Feel Good Friday- Games!
9:00 News/Socializing 9:30 social circle 10:30 Zumba & The Week Ahead 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 story time with kelly 2:30 Snacks / Music 3:00 Group Puzzles 4:00 Mindfulness- Puzzles	9:00 News/Socializing 9:30 you-Choose 10:30 Yoga & Today's History 11:30 Lunch 12:30 Book Club & Tech Time 1:00 crafts 2:30 Snacks / Music 3:00 Group Puzzles 4:00 You-Choose Activities	9:00 News / Socializing 9:30 social circle 10:30 Zumba & Wacky Facts 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Devotional 2:30 Snacks / Music 3:00 Group Puzzles 4:00 Wind Down Coloring	9:00 News / Socializing 9:30 Karaoke Dance Party 10:30 Boxing & Deep Thoughts 11:30 Lunch 12:30 Book Club & cooking class 1:00 Bingo 2:30 Snacks / Music 3:00 Group Puzzles 4:00 You-Choose Activities	9:00 fan fridays 9:30 social circle/garden 10:30 Drum Fit & Sports Recap 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Popcorn Party 2:30 Snacks / Music 3:00 Group Puzzles 4:00 Feel Good Friday- Games!
9:00 News/Socializing 9:30 social circle 10:30 Zumba & The Week Ahead 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Bingo 2:30 Snacks / Music 3:00 Large Tree Painting 4:00 Mindfulness- Puzzles	9:00 News/Socializing 9:30 thanks giving cooking 10:30 Yoga & Today's History 11:30 Lunch 12:30 Book Club & Tech Time 1:00 music with Katherine 2:30 Snacks / Music 3:00 Large Tree Painting 4:00 You-Choose Activities	9:00 News / Socializing 9:30 thanksgiving cooking c 10:30 Zumba & Wacky Facts 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Devotional 2:30 Snacks / Music 3:00 Large Tree Painting 4:00 Wind Down Coloring	9:00 News / Socializing 9:30 Bowling & Uno 10:30 Boxing & Deep Thoughts 11:30 Lunch 12:30 Book Club & cooking class 1:00 Bingo 2:30 Snacks / Music 3:00 Large Tree Painting 4:00	9:00 fan fridays 9:30 social circle/garden 10:30 Drum Fit & Sports Recap 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Popcorn Party 2:30 Snacks / Music 3:00 Large Tree Painting 4:00 Feel Good Friday- Games!
9:00 News/Socializing 9:30 social circle 10:30 Zumba & The Week Ahead 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Bingo 2:30 Snacks / Music 3:00 Board Games 4:00 Mindfulness- Puzzles	9:00 News/Socializing 9:30 uno/ free draw 10:30 Yoga & Today's History 11:30 Lunch 12:30 Book Club & Tech Time 1:00 popcorn party 2:30 Snacks / Music 3:00 Board Games 4:00 You-Choose Activities	9:00 News / Socializing 9:30 social circle 10:30 Zumba & Wacky Facts 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 decoration 2:30 Snacks / Music 3:00 Board Games 4:00 Wind Down Coloring	24	25
9:00 News/Socializing 9:30 social circle 10:30 dance party 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 bingo 2:30 Snacks/Music 3:00 Spring Cleaning 4:00 You-Choose Activities	9:00 News/Socializing 9:30 Bella Foundation 10:30 chair exercise 11:30 Lunch 12:30 music/socializing 1:00 crafts 2:30 Snacks / Music 3:00 puzzles 4:00 cards	9:00 News / Socializing 9:30 social circle 10:30 Zumba & Wacky Facts 11:30 Lunch 12:30 Music/Socializing/Tech Time 1:00 Devotional 2:30 Snacks / Music 3:00 Group Puzzles 4:00 Wind Down Coloring		
Special Events	Birthdays & Outings	Outings Cont.	Participant of the Month	
cooking classes costum contest bella foundation spooky house	Matt G	1st brookdale 11th veterans day parade 14th making memories 23rd factory 29th brookdale	Sweet loving Matt is our participant of the month! He is amazingly thoughtful considerate and super polite. Way to go Matt!!!	

