

Megan Hall | Enrichment Coordinator | 405-471-6867 | This institution is an equal opportunity provider.

Monday		Tuesdays		Wednesday		Thursday		Friday	
					1	9:00 Golden Walkers 9:30 Chair Exercise 10:00 The Bella Foundation 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	2	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 DLC Cinema 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	3
				Facility Closed for The New Year					
9:00 Golden Walkers 9:30 Chair Exercise 10:30 Cornhole 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	6	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Art with Megan 11:30 Lunch 12:30 News / Socializing 1:00 Karaoke 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	7	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 Church 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	8	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 Church Visitors 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	9	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Discussion Game 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	10
9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman Game 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	13	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Trivia 11:30 Lunch 12:30 News / Socializing 1:00 Karaoke 2:00 Snacks / Music 2:30 Remember When 3:30 Current Events	14	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 Church Visitors 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	15	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Cornhole 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Remember When 3:30 Current Events	16	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 DLC Cinema 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	17
	20	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Bingo 11:30 Lunch 12:30 News / Socializing 1:00 Cathrine Fuller Music 2:00 Snacks / Music 2:30 World Trivia 3:30 Current Events	21	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 Church 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	22	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Cornhole 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Remember When 3:30 Current Events	23	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Trivia 11:30 Lunch 12:30 News / Socializing 1:00 DLC Cinema 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	24
				Facility Closed in observance of Martin Luther King Jr. day					
9:00 Golden Walkers 9:30 Chair Exercise 10:30 Cornhole 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	27	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Music Trivia 11:30 Lunch 12:30 News / Socializing 1:00 Karaoke 2:00 Snacks / Music 2:30 Remember When 3:30 Current Events	28	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Art with Megan 11:30 Lunch 12:30 News / Socializing 1:00 Church Visitors 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	29	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Hangman game 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 Remember When 3:30 Current Events	30	9:00 Golden Walkers 9:30 Chair Exercise 10:30 Discussion Game 11:30 Lunch 12:30 News / Socializing 1:00 DLC Cinema 2:00 Snacks / Music 2:30 Daily Chronicle 3:30 Current Events	31
Special Events		Birthdays		Outings		Participant of the Month			
2-Jan Bella Foundation 15-Jan Church Visitors 21-Jan Cathrine Fuller Music		3-Jan Guillermo R 19-Jan Bobby H 25-Jan Elaine A 27-Jan Barry F		2-Jan Dollar Tree Shopping 9-Jan Scottish Temple in Guthrie 15-Jan Senior Lunch at S&B's 29-Jan Factory Obscura		Ronnie S. Ronnie loves riding in the limo to all the fun fieldtrips we go on.			