

Monday	Tuesday	Wednesday	Thursday	Friday
			9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Music / Katherine 11:30 Lunch 12:30 News/Socializing 1:00 Movie 2:00 Snacks/Music 2:30 Funny Home Videos 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga 10:30 Watermelon day 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember when 3:30 Current Events
9:00 Golden Walkers 9:30 Drum Fit Class 10:30 State Fair Projects 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	9:00 Golden Walkers 9:30 Morning Stretches 10:30 Art Council Class 11:30 Lunch 12:30 News/Socializing 1:00 Horseshoes Game 2:00 Snacks / Music 2:30 Funny Home Videos 3:30 Current Events	9:00 Golden Walkers 9:30 Music Fit Class 10:30 Bingo 11:30 Lunch 12:30 News/Socializing 1:00 Music w/ Rick 2:00 Snacks/Music 2:30 LetsMakeA Deal 3:30 Current Events	9:00 Golden Walkers 9:30 Senior Exercises 10:30 Hawaiian Luau 11:30 Lunch 12:30 News/Socializing 1:00 Luau Games 2:00 Snacks/Music 2:30 Elvis in Honohula 3:30 Current Events	9:00 Golden Walkers 9:30 Drum Fit class 10:30 Bean Bag toss 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Rock N Roll Party 3:30 Current Events
9:00 Golden Walkers 9:30 Senior Exercise 10:30 State Fair Projects 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 I Spy game 3:30 Current Events	9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Water Coloring Art 11:30 Lunch 12:30 News/Socializing 1:00 Garden Club /crafts 2:00 Snacks/Music 2:30 Trivia 3:30 Current Events	9:00 Golden Walkers 9:30 Music Fit Class 10:30 Bowling Game 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember when 3:30 Current Events	9:00 Golden Walkers 9:30 Senior Exercises 10:30 Music w/ Katherine 11:30 Lunch 12:30 News/Socializing 1:00 Music with Margo 2:00 Snacks/Music 2:30 Hot Topics 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga Class 10:30 Twister Beanbag 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events
9:00 Golden Walkers 9:30 Senior Exercise 10:30 Crafts 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Trivia / Scruples 3:30 Current Events	9:00 Golden Walkers 9:30 Morning Stretches 10:30 Cooking Class 11:30 Lunch 12:30 News / Socializing 1:00 Garden Club/Bunko 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	9:00 Golden Walkers 9:30 Music Fit Class 10:30 Color Therapy 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Birthday celebration day 2:30 jokes and riddles 3:30 Current Events	9:00 Golden Walkers 9:30 Silver Riders 10:30 Bean Bag Game 11:30 Lunch 12:30 News/Socializing 1:00 Name that Tune 2:00 Snacks/Music 2:30 Hangman 3:30 Current Events	9:00 Golden Walkers 9:30 Yoga Chair Exercise 10:30 Busy B Sensory Games 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events
9:00 Golden Walkers 9:30 Silver Riders 10:30 Crafts 11:30 Lunch 12:30 News/Socializing 1:00 Movie & popcorn 2:00 Snacks/Music 2:30 Spelling B 3:30 Current Events	9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Golf Game 11:30 Lunch 12:30 News/Socializing 1:00 Wii Bowling Tourn 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	9:00 Golden Walkers 9:30 Senior Exercise 10:30 Gospel Sing Along 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events	9:00 Golden Walkers 9:30 Morning Stretches 10:30 Cornhole / Bunko 11:30 Lunch 12:30 News/Socializing 1:00 Not so Country Dancers 2:00 Snacks/Music 2:30 Hot Topics 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga Class 10:30 Craft Class 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events

Special Events
8/02 - National Watermelon Day 8/08 - Hawaii Luau 8/15 - Music with Margo 8/21 - National Senior Citizens Day

Birthdays
8/01 - Aleisha 8/03 - Trina 8/05 - Dan 8/20 - Byron 8/22 - Scooter

Outings
8/01 - Library 8/06 & 8/15 - OKC Beautiful 8/07 - Music w/ Rick of Valir 8/13 & 8/27 - Skyline Ministries 8/15 - Splash Pad 8/29 - OKC Underground Tour

Participant of the Month
Kealy is everybody's friend. She loves dancing and karaoke. She is a SHINE volunteer and plays on the DLC Softball Team.

