

Monday	Tuesday	Wednesday	DLC CLOSED	Thursday	Friday
9:00 Golden Walkers 9:30 Senior Exercise 10:30 Making Memory Books 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Cowboy Trivia 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga 10:30 Bunko w/ Pat 11:30 Lunch 12:30 News/Socializing 1:00 Balloon Volleyball 2:00 Snacks/Music 2:30 I Spy Game 3:30 Current Events	9:00 Golden Walkers 9:30 Morning Stretches 10:30 Red/White/Blue Party 11:30 Lunch 12:30 News/Socializing 1:00 Music w/ Rick 2:00 Snacks/Music 2:30 Remember when 3:30 Current Events		9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Spelling B 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Pinata Game 3:30 Current Events	9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Spelling B 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Pinata Game 3:30 Current Events
9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Crafts / Reading Group 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	9:00 Golden Walkers 9:30 Morning Stretches 10:30 Garden Club /crafts 11:30 Lunch 12:30 News/Socializing 1:00 Horseshoes Game 2:00 Snacks / Music 2:30 Funny Home Videos 3:30 Current Events	9:00 Golden Walkers 9:30 Music Fit Class 10:30 Fire Safety /Hydration 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 LetsMakeA Deal 3:30 Current Events		9:00 Golden Walkers 9:30 Senior Exercises 10:30 Music W/ Katherine 11:30 Lunch 12:30 News/Socializing 1:00 Free Icees 7/11 2:00 Snacks/Music 2:30 Movie Trivia 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga 10:30 Bean Bag toss 11:30 Lunch 12:30 News/Socializing 1:00 Friends Band 2:00 Snacks/Music 2:30 Rock N Roll Party 3:30 Current Events
9:00 Golden Walkers 9:30 Senior Exercise 10:30 Crafts w/ Rhonda 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 I Spy game 3:30 Current Events	9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Job Search Day 11:30 Lunch 12:30 News/Socializing 1:00 Garden Club /crafts 2:00 Snacks/Music 2:30 Trivia 3:30 Current Events	9:00 Golden Walkers 9:30 Music Fit Class 10:30 Bowling Game 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Remember when 3:30 Current Events	9:00 Golden Walkers 9:30 Senior Exercises 10:30 Visit from Bella Dogs 11:30 Lunch 12:30 News/Socializing 1:00 Music with Margo 2:00 Snacks/Music 2:30 Hot Topics 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga Class 10:30 Gospel Sing Along 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga Class 10:30 Gospel Sing Along 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events
9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Cooking Class 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Trivia / Scruples 3:30 Current Events	9:00 Golden Walkers 9:30 Morning Stretches 10:30 Bunko w/Pat 11:30 Lunch 12:30 News / Socializing 1:00 Garden Club/Bunko 2:00 Snacks/Music 2:30 Remember When 3:30 Current Events	9:00 Golden Walkers 9:30 Music Fit Class 10:30 Color Therapy 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Birthday Celebration 2:30 jokes and riddles 3:30 Current Events	9:00 Golden Walkers 9:30 Music w/ Katherine 10:30 Christmas carols 11:30 Lunch 12:30 News/Socializing 1:00 jingle all the way Party 2:00 Snacks/Music 2:30 Name that tune 3:30 Current Events	9:00 Golden Walkers 9:30 Yoga Chair Exercise 10:30 Twister Bean Bag 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Hangman 3:30 Current Events	9:00 Golden Walkers 9:30 Yoga Chair Exercise 10:30 Twister Bean Bag 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Hangman 3:30 Current Events
9:00 Golden Walkers 9:30 Senior Exercise 10:30 Silvercords/choir 11:30 Lunch 12:30 News / Socializing 1:00 Bingo 2:00 Snacks / Music 2:30 LetsMakeADeal 3:30 Current Events	9:00 Golden Walkers 9:30 Drum Fit Class 10:30 Cornhole Game 11:30 Lunch 12:30 News/Socializing 1:00 Movie & popcorn 2:00 Snacks/Music 2:30 Spelling B 3:30 Current Events	9:00 Golden Walkers 9:30 Chair Yoga 10:30 Spelling B 11:30 Lunch 12:30 News/Socializing 1:00 Bingo 2:00 Snacks/Music 2:30 Karaoke Party 3:30 Current Events			
Special Events 7/03 - Music with Rick of Valir Hospice 7/04 - Independence Day 7/10 - Bethany Fire Dept 7/11 - 7-Eleven Free Icee Day 7/12 - OKC Friend's Band 7/25 - Christmas in July Party	Birthdays 7/01 - Matthew 7/08 - Eric 7/13 - Mamie 7/17 - Jean C. 7/29 - Shyree	Outings 7/02 - OK Beautiful at Eldon Lyon Park 7/05 - Splash Pad 7/09 & 23 - Skyline Ministries 7/15 - NCH Visits 7/23 - Bethany Library 7/30 - Splash Pad			