

DAILY LIVING CENTERS | This institution is an equal opportunity provider.
NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Roast Pork Loin Mashed Potatoes (15) California Mixed Vegetables Wheat Bread (15) Cake (30) Milk	Chicken Fajitas & Salsa Chili Beans (15) Cinnamon Carrots Tortilla (15) Banana Milk	Beef Stew Green Salad Cornbread (15) Applesauce Milk
6	7	8	9	10
Beef Frank Baked Beans (15) Sauerkraut Bun (30) Orange Milk	Barbecue Chicken Cheesy Potatoes (15) Broccoli Wheat Bread (15) Cake (30) Milk	Taco Soup Carrot Salad (5) Tortilla Chips (15) Salsa Sugar Cookie (30) Milk	Beef, Tomatoes & Macaroni Green Peas Green Salad Wheat Bread (15) Hot Spiced Apples (15) Milk	Chicken Pot Pie Steamed Cabbage Biscuit (15) Hot Fruit Compote (15) Milk
13	14	15	16	17
Chicken Fried Steak Mashed Potatoes (15) Broccoli Wheat Bread (15) Apple Milk	Pinto Beans & Ham (15) Creamy Slaw Tomato Relish Cornbread (15) Chocolate Pudding (30) Milk	Turkey & Dressing (15) Glazed Sweet Potatoes (30) Green Beans Wheat Bread (15) Cookie (30) Milk	Tortilla Soup (15) Green Salad Tortilla Chips (15) Salsa Orange Milk	Hamburger, Lettuce, Onions, Pickles Baked Beans (15) Potato Salad (15) Bun (30) Hot Fruit Compote (15) Milk
20	21	22	23	24
Barbecue Pork Cheesy Potatoes (15) Mixed Vegetables Bun (30) Orange Milk	Salisbury Steak Mashed Potatoes (15) Winter Mix Vegetables Wheat Bread (15) Cake (30) Milk	Sausage & Gravy Potato Casserole (15) Orange Juice Biscuit (15) Hot Fruit Compote Milk		
27	28	29	30	
Chicken Breast & Gravy Mashed Potatoes (15) Spinach Wheat Bread (15) Lemon Pudding Milk	Ham Scalloped Potatoes Broccoli & Cheese Wheat Bread (15) Cake (30) Milk	Spaghetti & Meat Sauce (15) Green Beans Green Salad Wheat Bread (15) Hot Fruit Compote (15) Milk	Tuna Salad Vegetable Soup Pickled Beets Wheat Bread - 2 Slices (30) Rosy Applesauce Milk	